

TRACKS

student's book

● A1



Unit 6

Meeting New Friends

After unit 6, you can ...

- Write a message to a friend
- Introduce yourself and others
- Talk about things you like / dislike
- Ask and answer questions about yourself and others
- Answer questions about your health

Themes

- Meeting people
- Making friends

Grammar

- Possessive 's
- Pronouns



ANIMAL FRIENDS

This is Chloë. Her fur has a dark spot in the shape of a heart. She just looks so lovely. Who doesn't want to be her friend?



In the Bahamas, there is an island called Pig Beach. There are no people living on the island, just pigs that can swim. These two friends have been spotted there by many tourists. The seagull rides on the back of the swimming pig like it was a boat.



These two are best friends forever. Nanny the cat and Oliver the dog have been best buds since they were a puppy and a kitten. Their owner got them both around the same time. Oliver was there first, but as soon as he saw Nanny, he cuddled her and licked her and never left her side.

Exercise 1

Quiz time!

This questionnaire is about taking care of yourself. Choose answer A, B, or C.

Afterward: Compare your answers to your neighbor's answers!

Write down the differences between your answers and your neighbor's answers.

Use at least 30 words. Use words from the vocabulary list.

- | | |
|---|---|
| <p>1. How often do you visit the dentist?</p> <p>a. Never, I have excellent teeth.</p> <p>b. I go to the dentist every six months.</p> <p>c. I go to the dentist once a year.</p> | <p>4. Have you ever been in hospital?</p> <p>a. Yes, I have stayed there many times.</p> <p>b. Yes, only for a small problem.</p> <p>c. I have never been in a hospital.</p> |
| <p>2. How many times a day do you brush your hair?</p> <p>a. Never, I have very short hair.</p> <p>b. I brush my hair every morning.</p> <p>c. I use my comb every hour.</p> | <p>5. What would you do if the person sitting next to you can't stop coughing?</p> <p>a. I would look for another seat.</p> <p>b. I would ask them politely to move.</p> <p>c. I would start coughing myself.</p> |
| <p>3. What do you do when you have a temperature?</p> <p>a. I still go to school.</p> <p>b. I stay in bed all day and watch Netflix.</p> <p>c. I ask my mom to take my temperature and call the doctor.</p> | <p>6. How often do you eat fruit or vegetables?</p> <p>a. I eat fruit and vegetables every day!</p> <p>b. I like fast food more than fruit and vegetables.</p> <p>c. I never eat fruit and vegetables.</p> |

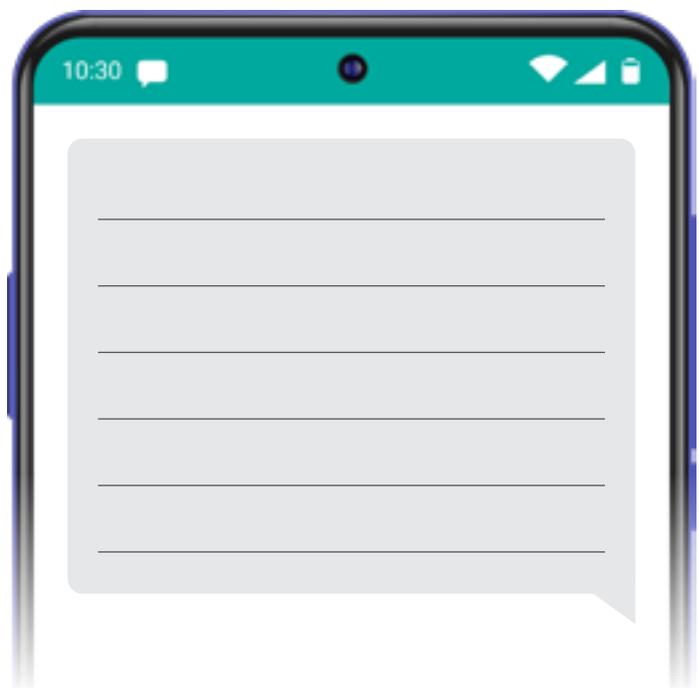
The difference is ... _____

Exercise 2

Wyatt and Anne have become friends at the hospital. Wyatt has heard that Anne has also gone home and decides he wants to meet up with her. He sends her a message. **Write the message on the phone screen.**

Use the following words:

if you want / hospital / just / go home / decide / park



School Website: Brainstorm

You have joined a team of students who write articles for the school website.

You want to design a web page for new students at your school.

On this page you want to tell them how to make new friends at school.

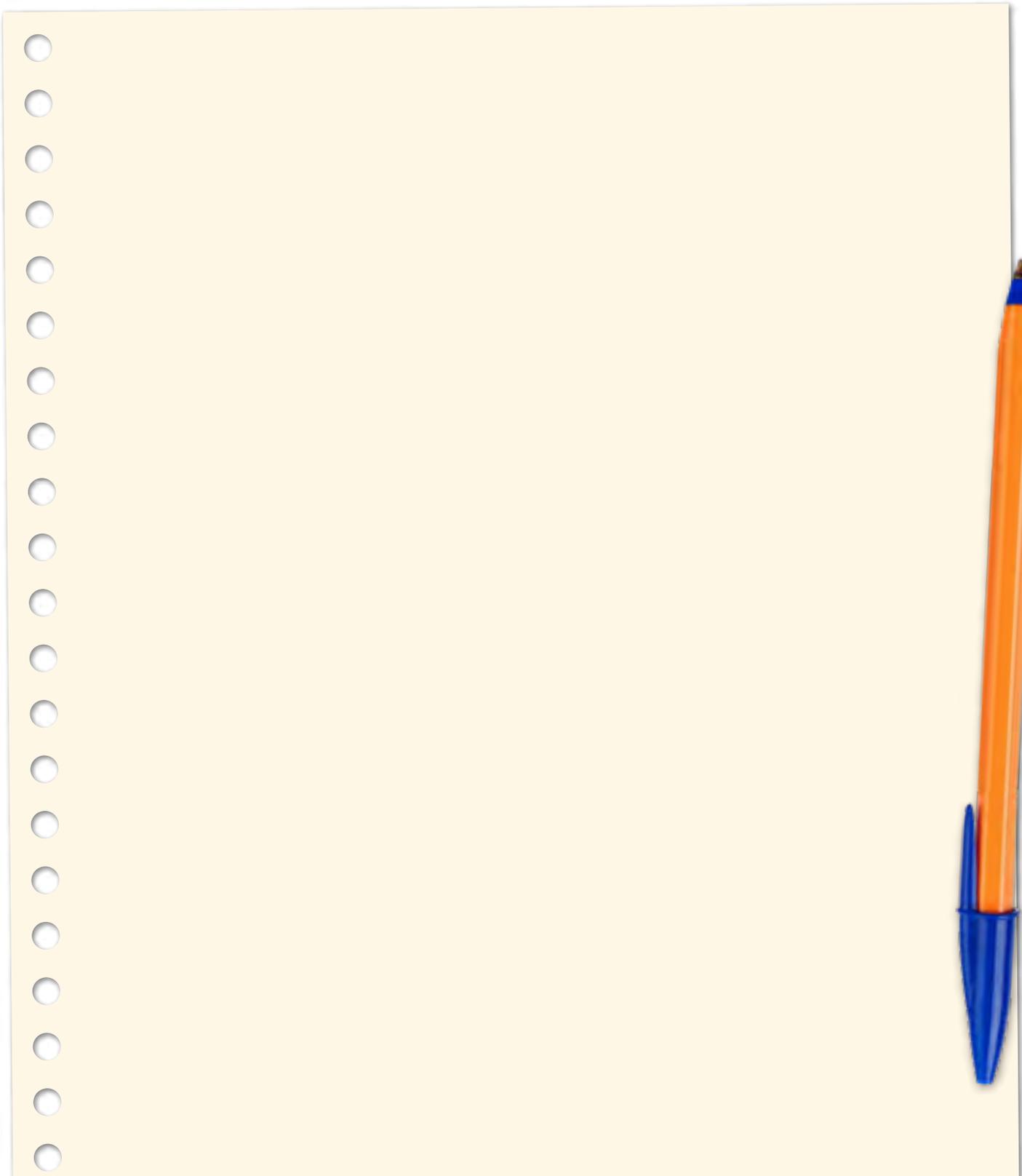
Work in pairs. Brainstorm together.

a. Write five opening lines you can use to start a conversation with someone you don't know.

Example: Aren't you in my cooking class?

b. Write five locations in, around, or near your new school where you can meet new students.

c. Together write five don'ts. *Example: Don't lie about your age.*



a couple of	There are a couple of books on the table.	een paar (een aantal)
(to) become	We have become good friends.	worden
being	The boy is being naughty.	is (bezig zijn met)
(to) borrow	Can I borrow your pen? I have lost mine.	lenen
(to) decide	I am not sure what I want. I will decide later.	besluiten
entrance	The entrance is where you go into a building.	ingang / toegang
forehead	The man sat with his hand on his forehead.	voorhoofd
(to) go home	After school, I go to my house. I go home.	naar huis gaan
how much	How much money have you got?	hoeveel
if you want	I can help, if you want. But maybe you don't want help.	als je wilt
just	You look just like my brother. He has got the same eyes and nose as you!	net/precies
kiss	The girl gave the boy a kiss on the cheek.	kus
once	I have only been to New York once, but Freddy has never been there.	één keer
outside	Rebecca is inside the shop and Blake is outside.	buiten
(to) trust	I trust Justin. I know he won't tell anyone my secret.	vertrouwen / geloof

Exercise 1

- a. Introduce yourself to a stranger. Work in groups of three. Use the meetup app profiles below.
- b. Create a new profile yourself and repeat the exercise.



Karen White (15)
City Birmingham
Hobbies Painting, hockey
Dislikes Learning new languages, cleaning my bedroom



Tony Jackson (16)
City London
Hobbies Drawing, soccer
Dislikes People who lie, shopping for clothes



River Carrington (17)
City Bath
Hobbies Running
Dislikes Math, reading books



Name _____
Age _____
City _____

Hobbies _____

Dislikes _____

Exercise 2

Look at the pictures.

- a. Together, put the pictures in the correct order.
- b. Write a story that goes with the pictures.

Use at least 60 words. Use as many words from the vocabulary list as possible.



Exercise 3

Listen to the audio. Fill in the gaps.

After listening, discuss what you think will happen next in pairs.

Lunch at Luigi's

K: Hi Tony, It is so nice to have a 1. _____ at my favorite restaurant. I really liked our painting class yesterday.

T: It was really nice, I could 2. _____ your brush.

K: Well, you were sitting beside me. If there is anything 3. _____ you need to borrow for next class, let me know.

T: Hopefully I will not forget my brushes again. You really 4. _____ the live model's image really well.

K: Thanks Tony, you are a good 5. _____ too.

T: Thank you! 6. _____ we can go to a concert together?

K: I would like that. Sia is playing at the O2 Arena next week.

T: I like Sia too. We can meet at the 7. _____ at eight o'clock.

K: I am really happy to have made such a good friend.

T: Stop that; you are making me 8. _____.

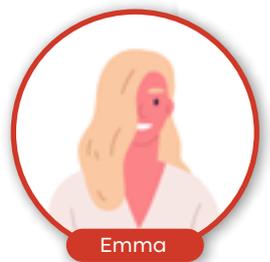
Exercise 4

Choose a person below. Your classmate also chooses a person.

Ask *yes* or *no* questions and try to find out who your classmate chose as today's live model for art class.

How many questions did you have to ask?

Example: Is it a girl?



School Website: Design

Together make a design for your web page. Use your opening lines, your top five locations, and your don'ts. Make your web page look attractive. If you like, you can use **Google Sites** (sites.google.com) or any other app to make a web page. Use the tips from the magazine article below.

Tip: Ask students from another group to look at your work. What would they change?

TOP 5 TIPS

FOR A GOOD-LOOKING WEBSITE

What makes a website good? There's a lot to be said about that. Here are our top 5 tips for a website that your visitors will love!

1. Keep your homepage simple

The homepage of your website has the most important information. You want people to read and remember it. Make sure your homepage is not too messy. Use images that help the text.

2. Use headers

People don't read every word on a web page. They usually scan the headers (titles) above the texts. Make good headers so your website visitors will keep reading.

3. Use easy-to-read fonts

Reading from a screen is harder for your eyes than reading from paper. Use fonts that are easy to read. Of course, you can use curly, fancy fonts for your website title. But don't use these for the whole text, or it will be a reading disaster!

4. Don't let users get lost

People want to get information without clicking around too much. Make your menu very clear and make it easy to find.

5. Use nice colors

Colorful websites are more attractive to readers. Use a couple of nice, bright colors to make your website stand out. You can use the website [colors.co](https://www.colors.co) to create color schemes.



attractive	The girl was very attractive. Everyone was looking at her.	aantrekkelijk
beside	The dog was lying beside the man.	naast / dichtbij
(to) blush	The girl blushed bright red when the boy smiled at her.	blozen
(to) brush	Sally brushes her teeth twice a day.	poetsen/borstelen
clear	This photo is really clear.	doorzichtig
(to) continue	Don't stop! Please continue doing your work.	doorgaan / vervolgen
(to) cough	The old man coughed all the time.	hoesten
dentist	I go to the dentist every six months.	tandarts
(to) feel	I feel very hot.	voelen
(to) focus	You need to focus the camera before taking the photo.	scherpstellen
forgotten	I have forgotten my passport!	vergeten (iets achtergelaten hebben)
homework	Sometimes my friend helps me with my homework.	huiswerk
live	Here is a live dog and a dead cat.	levend (niet dood maar, levend)
muscle	You get big muscles by working out.	spier
(to be) right	My mom is always right and my dad is often wrong.	gelijk (hebben)
student	There are many students in our town. They study at the university.	leerling
teeth	She brushes her teeth before bed.	tanden
typical	Is a typical English breakfast bacon, egg, sausages, and baked beans?	typisch/kenmerkend
(to) whisper	I will whisper because I don't want the others to hear.	fluisteren
(to) work	I work in a shop every Saturday.	werken
worse	I think going to school is worse than working on Saturdays.	erger
yours	My dog is bigger than yours.	de jouwe

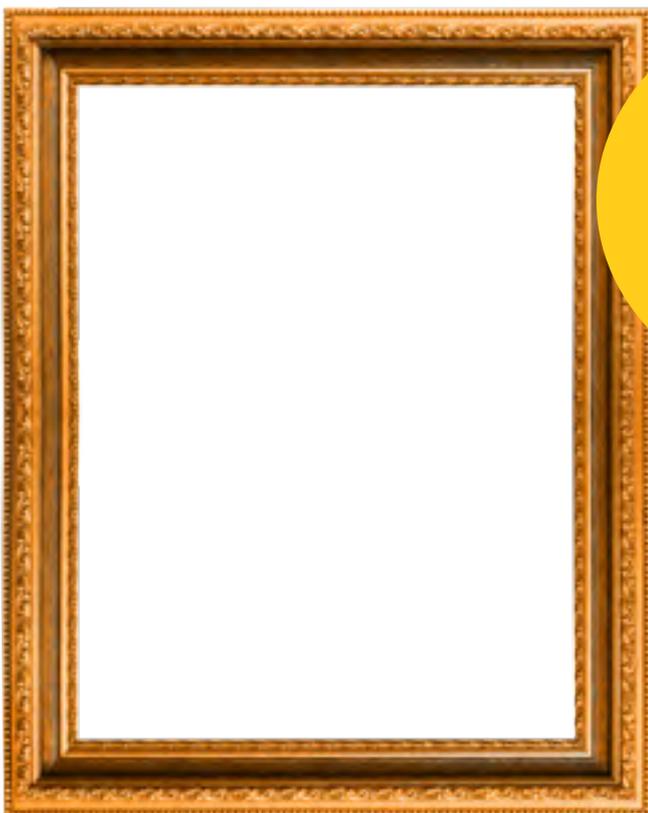
Exercise 1

Your mom asks what is the matter. Look at the pictures and answer her.



Exercise 2

- Make a drawing of your best friend.
Then, write in the speech bubbles: How did you meet your friend? What makes them a great person?
- Show your drawing and the information to your classmate. Can your classmate guess who your friend is?



Exercise 3

Work with someone you know well.

a. Answer the questions using complete sentences.

1. What is your friend's favorite food?

2. What is their favorite color?

3. What is your friend's favorite subject?

4. What sport does your friend like?

5. What animal does your friend like most?

b. Now give your workbook to your friend. Your friend will check your answers. Were you right?

Exercise 4

a. In pairs, write a phone conversation. Pretend you are calling to ask how your friend is feeling. Use Exercise 1 for ideas.

b. Now read your conversation aloud in class.

A: _____

B: _____



School Website: Go live!

Share your web page or send a link to your teacher. They will display all the pages on the smartboard. Every group presents their own web page. What kind of information can you find on it?

Which web page did you like best? Have a vote and answer the questions.

Use the tips from Project Part 2: Design to choose the best web page and answer the questions.

1. Which students have the best web page?

2. Why is it the best web page?

3. Give at least three reasons why you liked their work best.



another	Sometimes I have another drink before I go to sleep.	nog een
battle	The Battle of Gettysburg was fought from July 1st to July 3rd, 1863.	strijd
built	The house was built by my dad. It has four bedrooms, a kitchen and a living room.	gebouwd
(to) capture	Elizabeth is trying to capture the butterfly.	vangen
else	Who else lives here?	nog meer
grew	As his fame grew, he started getting invited to the White House.	groeide
headache	I have a headache.	hoofdpijn
hospital	People go to hospital when they are ill or have medical problems.	ziekenhuis
maybe	I am not sure if I will see Peter tonight. Maybe I will see him, maybe I won't.	misschien / mogelijk
meal	My favorite meal is roast turkey.	gerecht / maaltijd
monument	When I went to London, I saw many monuments like Big Ben and Tower Bridge.	monument
old-fashioned	My dad collects old-fashioned cars.	ouderwets
(to) protect	She uses a helmet to protect her head.	beschermen
soup	I love mushroom soup!	soep
southern	If something is southern, it is from the south.	zuidelijk
still	My dad still has his old school books. They are very old!	nog steeds
tourist	The tourist took a picture of Big Ben.	toerist
unfortunately	Unfortunately, I missed my train.	helaas
view	The public can view Rembrandt's painting at The Queen's Gallery.	bekijken / zien
What is going on?	I hear a lot of noise. What is going on?	Wat is er aan de hand? (Wat gebeurt er?)
What is the matter?	What is the matter with you? You look very sad.	Wat is er aan de hand? (Wat scheelt er?)

Unit 7

Relationships

After unit 7, you can ...

- Use the past simple correctly
- Write a simple letter to a friend
- Write a simple response to a forum post
- Ask and answer questions about your hometown
- Ask and answer questions about what you do in your free time

Themes

- Living and studying abroad
- Computer games

Grammar

- Past simple
- Wh-questions

3 THINGS YOU DIDN'T KNOW ABOUT COMPUTER GAMES



Computer games have become very popular in recent years. Here are three stories about computer games.



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If you want to see the evolution of video games from the first computer game to now, Berlin is the place to be. The Video Game Museum will blow you away with walls filled with computer games and cool stories about old games and consoles. So, if you want to know who created the Game Boy or who did the music on Tetris, this is the place you should go.

A Canadian father took his 16-year-old son out of school to become a professional eSports player. His son Jordan, who has the nickname “Crimz”, is one of the world’s most successful Fortnite players. Crimz qualified for the World’s Fortnite Championship and could win a share of 30 million dollars. He plays eight to ten hours online and even eats behind his computer.



E Sports are becoming popular around the world. And now eSports or virtual sports are added to the Olympic Games. The games played will be, for example, virtual Regatta, which is a sailing video game. It will be a long time before we will see any shooter games or an Olympic Gold medalist of Fortnite, but it’s a start.



Exercise 3

Look at the pictures. What has changed?

Talk about it with your neighbor. Write as many differences as you can find.

Piccadilly Circus, 1932



Piccadilly Circus, 2020



© Valerija Polakovska / shutterstock.com

Exercise 4

You have just moved to Canada. Your friend has an online video call with you and asks you about your new hometown. Tell your neighbor about your new town. Change roles.

- Tell your friend how you are doing.
- Ask how they are doing.
- **Use this information about your new hometown:** *friendly people / big shopping mall / lovely park*
- Add three more things about your hometown.

artist	The Mona Lisa was painted by the Italian artist Leonardo da Vinci.	kunstenaar
brought	Richard brought this boomerang with him when he moved from Australia.	bracht
come and visit me	She wants to come and visit me in a few weeks.	bij me op bezoek komen
dry	It is very dry. It hasn't rained in weeks.	droog
during	It started to rain during the concert.	tijdens
expensive	That watch must be expensive. It is made from gold.	duur
fake	Beware of fakes when buying jewelry and watches.	nep / vervalst
I'm hoping	I'm hoping to go to Africa in the summer.	Ik hoop (om)
It's hard to be away from home.	It's hard to be away from home. I miss my friends and family.	Het is moeilijk om weg te zijn van huis.
left	I left my phone on the table yesterday.	liet achter
long way	It's a long way from London to Australia.	lange afstand
(to) miss (to not have)	I miss my dad. He is working far away.	(iemand) missen
sketch pad	I use a sketch pad for drawing people.	schetsblok
there is so much to do	There is so much to do. I don't have time for a break!	er is zoveel te doen
tractor	The farmer uses a tractor to plow the field.	tractor
(to) travel	My dad travels all over the world.	reizen

Exercise 1

a. Read the sentences and circle the letter of the correct answer. The letters form a word. Write the word.

What did you do yesterday?

- f. I am playing a game on the computer.
- c. I played a computer game with my best friend.
- e. I was playing a game outside.

When did Sarah and John talk about their new game?

- i. They are talking about their new game today.
- u. They talked about it this morning.
- e. They talk about it yesterday.

Where did you have a soccer match yesterday?

- a. I am going to play in Edinburgh this year.
- o. I played in Edinburgh yesterday.
- b. I did not play chess yesterday.

How do you go to school?

- t. I go to school by bike.
- l. I traveled to school by bus tomorrow.
- n. In 2019 I went to school by bike.

What do you do in your free time?

- m. I swim.
- d. I am drawing a lot.
- a. I liked to visit the cinema.

How did you celebrate your birthday?

- k. I celebrate my birthday at home last Tuesday.
- b. I am celebrating it with a big party.
- e. I ate a lot of cake and I got a present.

When was the last time you saw your girlfriend?

- p. I visited my girlfriend yesterday.
- d. I have never been in love.
- o. He is visiting his girlfriend next Friday.

Did you visit the cricket match last Saturday?

- r. No, I watched it on TV.
- a. No, I don't visit it.
- e. Yes, I watch it last Saturday.

The word is: _____

b. Do you spend a lot of time on it? What do you use it for?

Exercise 2

a. Yesterday was a normal day for Tim. Read the text and write what he did.

Example: Tim woke up at seven o'clock.

I wake up around seven o'clock. After that I brush my teeth. I have breakfast in the kitchen. I eat cereal for breakfast. After that I get my bike and cycle to school. School starts at half past eight. I finish school at half past four. I get home around five o'clock. My dad cooks dinner. After dinner I do my homework. I watch television every evening and then I go to bed.

- 1. Tim _____ his teeth this morning.
- 2. He _____ breakfast in the kitchen.
- 3. Tim _____ cereal for breakfast.
- 4. He _____ his bike from the shed.
- 5. He _____ to school.
- 6. School _____ at half past eight.
- 7. School _____ at half past four.
- 8. He _____ home at five o'clock.
- 9. Tim's dad _____ dinner.
- 10. Tim _____ television in the evening.

b. What did you do after you came home from school yesterday? Talk about it with your neighbor.

Exercise 3

Read the forum posts. Write your own response.

Jason

November 11, 7.30

Hi everyone, I read online that some parents install an app on their phone to stop children gaming for too long! I think that is crazy. 😡 My parents never tell me when to stop gaming. I sometimes play for more than three hours on my computer, and I am not addicted to gaming. What do you think? Do your parents tell you when to stop?

Jennifer

November 12, 3.45

Hi Jason, I read your post. Wow, three hours! 😡 I think that is way too long. Your parents should install this app. I only play half an hour every day. I like to use my time to go outdoors.

Exercise 4

Look at the pictures.

a. What has changed? Talk about it with your classmate.

Example: Ten years ago I was at school, now I'm a nurse.

b. Can you think of something that has changed in your life? Draw it and talk about it.



Quiz Time: Create your quiz

Use the information you have found to make questions. Think about how and when you want to show your answers. Is it a multiple choice quiz, or do your classmates need to guess the answers? Use Google Slides or PowerPoint to design your quiz. Use at least twelve slides for your quiz. Add pictures to your slides.

Keep it short

Don't make your questions too long. Short but good questions will keep your classmates from getting bored.

All answers are equal

If your quiz is *multiple choice*, make sure the answers are about the same length. When one answer is longer or shorter than the rest, it will stand out too much.

Something for everyone

To make your quiz even more interesting, you can use questions with multiple correct answers. For example, let your classmates choose their favorite hobby and talk about the results after the quiz.

Use your phones!

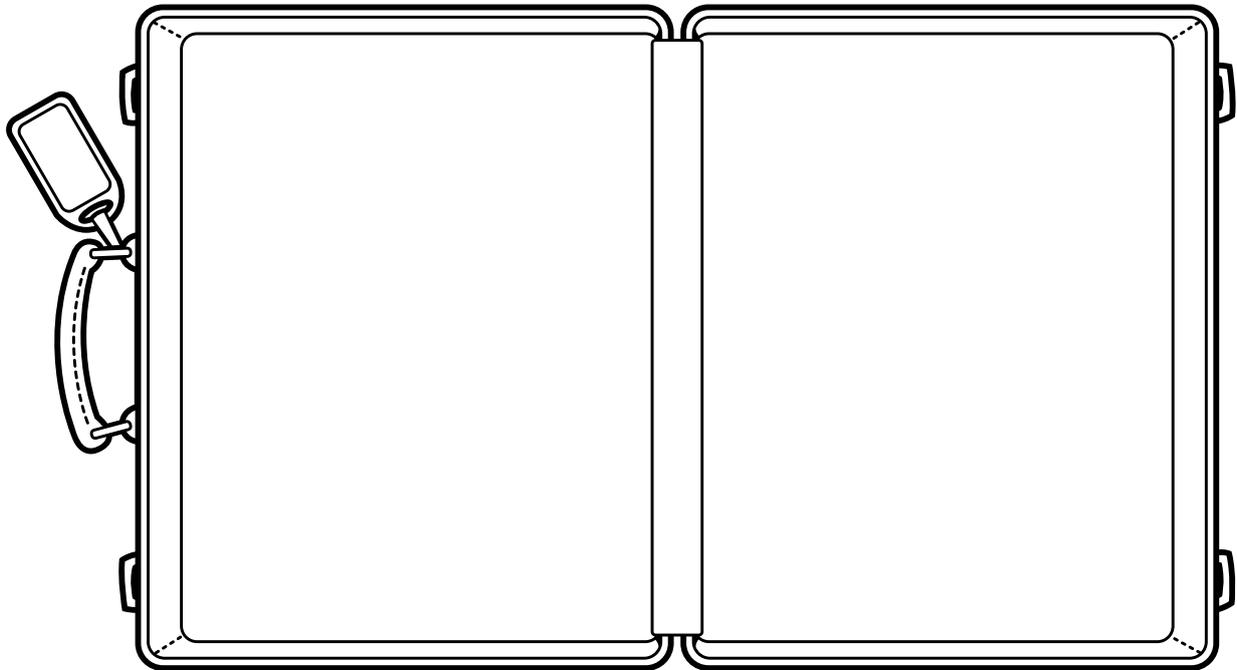
Ask your teacher if you can use Kahoot! or another interactive quiz app. This will make your quiz more exciting. Your classmates use their phones to answer the questions. You can see the results on the smartboard and have a competition if you want.

able	I am able to swim but I am not able to fly.	in staat om
basic	The first step to drawing is learning how to draw the basic shapes.	basis / basisvaardigheden
bridge	We have to cross the bridge to get to the other side.	brug
(to) cheat	Tom always cheats at cards.	vals spelen
every time	Every time I see you, you are wearing different clothes.	iedere keer
(to) fill	Please fill this glass with water.	vullen
(to) hear	Can you hear that noise?	horen
I don't understand	I don't understand what he is saying. I think he is speaking Chinese.	Ik begrijp (het) niet
(to) lose	The cyclist in blue is going to lose the race.	verliezen
normal	This house does not look normal.	normaal / gebruikelijk
outdoor	We have an outdoor swimming pool.	buiten / open lucht
reason	The reason I learn Spanish is because I want to live in Spain.	reden / aanleiding
(to) score	The team scored two goals in the first half of the game.	scoren
simple	This is a simple math problem.	eenvoudig
took	I took my car to be repaired yesterday.	nam
tray	I served him dinner on a tray.	dienblad
video games	Wyatt plays video games all day.	computerspellen

Exercise 1

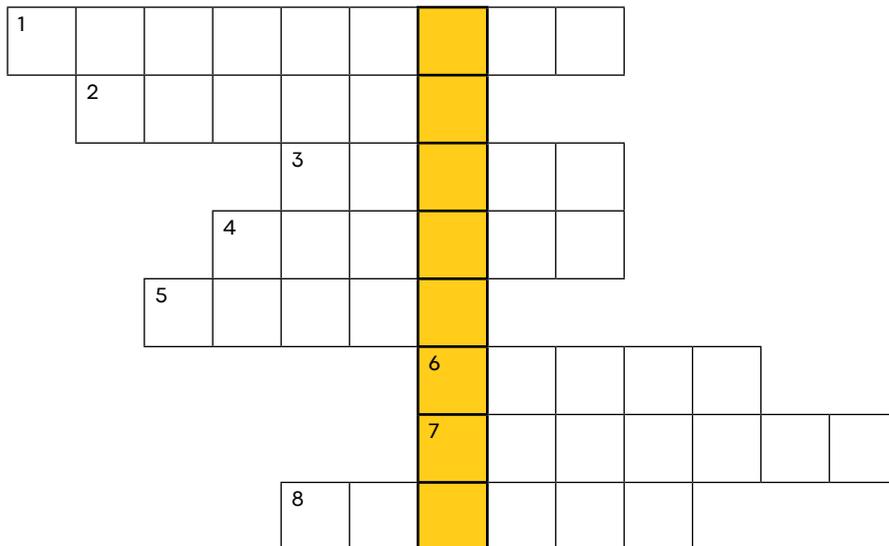
- a. What would you miss if you moved abroad? In the suitcase, write or draw ten things you can not live without.
- b. Talk about the items you have put in your suitcase in groups of four.

Start your sentence with I would miss ..., because ...
 Have you forgotten something? Add it to your suitcase.



Exercise 2

- a. Complete the puzzle.
- b. Read the sentence in the yellow boxes from top to bottom.
 In which situations do we say something like this? Have you ever used this sentence? Talk about it.



1. Not cheap, but ...
2. Someone who is not weird is ...
3. When the ball hits the goal, you ...
4. When you go somewhere by car, plane or train
5. This person is married to your aunt
6. It is not mine, but ...
7. Not indoor, but ...
8. Your uncle's son or daughter

Exercise 3

Complete the dialogue. Use full sentences. Have this dialogue with a classmate.

A: Where would you like to live? You can choose anywhere in the world.

B: _____

A: What kind of house would you live in?

B: _____

A: What kind of garden would your dream house have?

B: _____

A: What kind of rooms would your dream house have?

B: _____

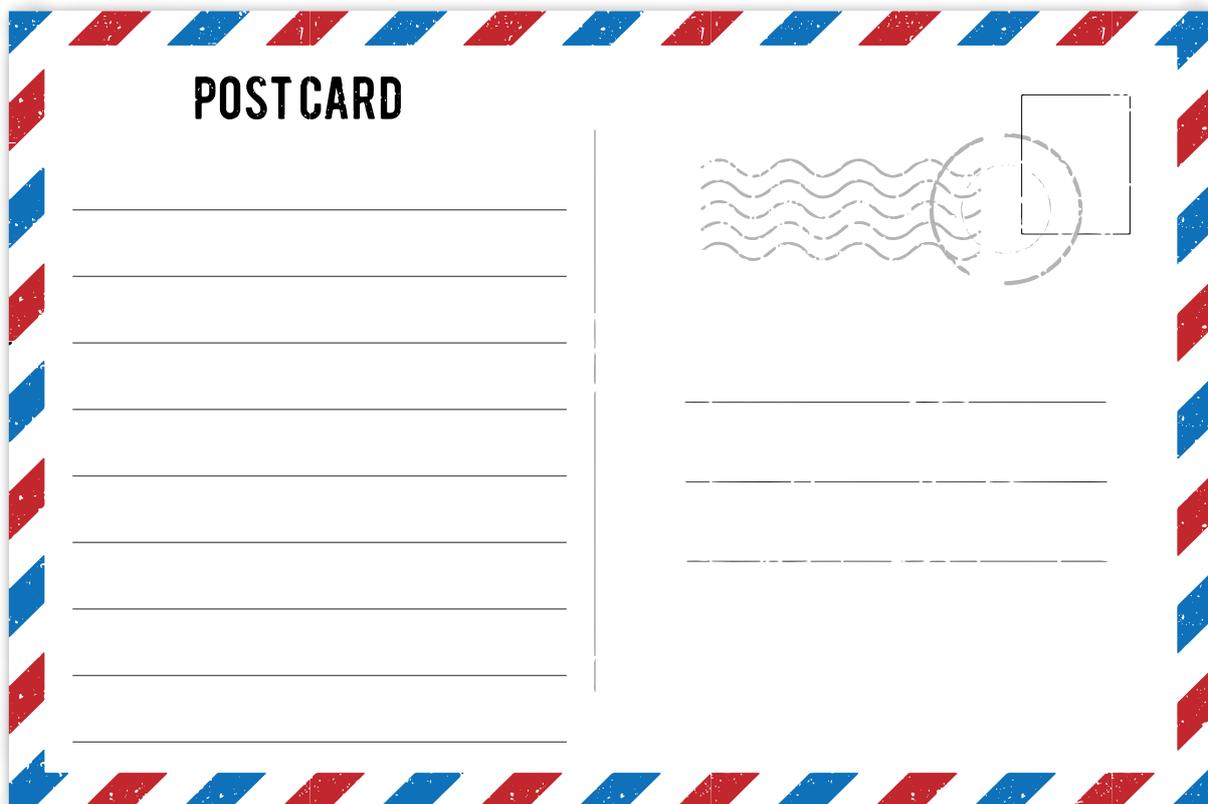
A: How would you make the house look nice?

B: _____

Exercise 4

Write a card to your family in London.

Use the following words: feel fine / hard to be away from home / long way / visit / miss / hear / travel



Quiz Time: Present your quiz!

Share your quiz with your teacher and show your quiz in class.
You are the quizmaster.

How are you going to present your quiz? You can make notes here.

Who made the best quiz?

advice	I will give you some advice. Learn well before your test!	advies
come from	I come from the Netherlands. Where do you come from?	komt van
cousin	Sandra is my favorite cousin!	neef / nicht
cricket match	I am going to watch a cricket match, and Harry is going to see a football match.	cricketwedstrijd
documentary	Yesterday I watched a documentary on wild animals.	documentaire
doesn't want to talk about something	Jack is sad and doesn't want to talk about the boys that hit him.	wil ergens niet over praten
(to) feed	She went back home to feed the dog.	voeren
feel fine	Yesterday I had a headache, but today I feel fine.	goed voelen
(to) film	She asked her cousin to film the wedding.	filmen
gap	Light streamed through the gap in the curtains.	kloof
lost (a game)	England lost against Brazil in the world cup.	verloor
recent	That is a recent problem. I didn't see it yesterday.	recent
sailing	They decided to go sailing that weekend.	zeilen
spacecraft	That spacecraft will soon take us to Mars.	ruimtevaartuig
tea	Would you like a cup of tea?	thee
uncle	My father has one brother. He is my uncle.	oom
when	When will you finish your homework?	wanneer
without	You can buy this computer with or without a screen.	zonder